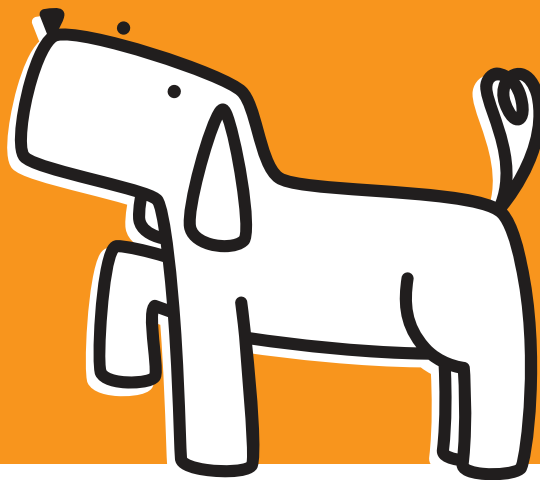


OPTION 2



LESSON

4

Caring for Others Unit Kindergarten • Ages 4-6

TIME FRAME

Preparation: 10 minutes
Instruction: 20 minutes

MATERIALS

Materials to make a book (laminator, book binding, etc.) Optional: Sentence Frame sheets, example provided

[Kindness Concept Posters](#): Caring, Helpfulness, Respect

LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.SL.K.5; CCSS.ELA-Literacy.W.K.3; CCSS.Math.Content.K.CC.B.4; CCSS.ELA-Literacy.L.K.2 Colorado: Comprehensive Health S.3, GLE.1, EO.a; Reading, Writing and Communicating S.1, GLE.1, EO.a,b,c,f,h,i,j; S.1, GLE.2, EO.c,d,e; S.3, GLE.1, EO.c; Mathematics 2.1, GLE.1, EO.b

[Learning standards key](#)

Kindness Bucket Book

Students will reflect on ways to be kind and caring to others and fill their buckets.

Lesson Background for Teachers

This lesson builds on previous lessons in this unit.

Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

KIND AND CARING ACTS Showing our kindness to others through what we do.

RESPECT Treating people, places, and things with kindness.

TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Working in teams to discover kindness and discussing what they found to increase understanding.
- Offering magazines so that students can cut out images to put on their bucket.
- Writing a complete sentence; however, feel free to modify as needed by providing a word bank, traceable words or sentence frame shown on the printable page.

Resources

How Full is Your Bucket? For Kids by Tom Rath and Mary Reckmeyer (Gallup Press: 2009)

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



Share (3 mins)

In groups of 3, have students share words they used or can use to fill people's buckets.

Inspire (2 mins)

*Today we are going to think about ways we can be **respectful** and **caring** to others. Can anyone give me examples of how to be **kind**?*

Empower

Kindness Bucket Book (8 mins)

*Now we are going to write a sentence and draw a picture that shows someone being **kind** to you or you showing **kindness** to someone else.*

If students are unable to write their sentence, have them draw their picture and dictate their sentence to be written.

Have students present their page to the class, reading their sentence or describing the drawing.

Once they are finished, gather the pages, create a title page, laminate all pages and make them into a book for the class to view. Students value seeing their published work!

Wrap Up (5 mins)

To gauge understanding of the material, choose from either the evaluation or reflection questions as discussion, writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

Evaluation

- Ask students to recall as many examples from the book as possible.

Reflection Question

- In our book, did we include ourselves, others and the environment?

Summary

*Today we learned about some ways we can fill the buckets of those around us and our own bucket! These are things we can use to be **kind** at school, but also at home and out in the community.*

Act (2 mins)

Kindness Minute

Find one thing in the trashcan that can be recycled and put it in the recycle bin. If you don't have recycling, Find one thing as a class in the trash that can be reused.

Kindness in Action

What can we do to fill the Earth's bucket? Do one nice thing for mother Earth today. Pick up trash, recycle or reuse something instead of throwing it away. You could also donate something.



The RAK paradigm is the framework for teaching and building kindness skills.



How full is your bucket?

This is me filling

(Write name here.)

bucket.