



LESSON

3

Creating a Kind Classroom Unit Kindergarten • Ages 5-7

TIME FRAME

Preparation: 10 minutes
Instruction: 20 minutes

MATERIALS

A day or two before the lesson: Send a note home explaining that students should bring in a personal item that isn't fragile; the teacher should also bring in a personal item for the activity.

[Kindness Concept Poster](#): Respect.

LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.SL.K.1a-b, 2, 3, 4, 6; CCSS.ELA-Literacy.L.K.1, 2, 4, 5 Colorado: Comprehensive Health S.3, GLE.1, EO.b; Reading, Writing and Communicating S.1, GLE.1, EO.c,f,h,i,j; S.1, GLE.2, EO.a,d,e; Social Studies S.3, GLE.1, EO.a,b, IQ.1,2,3

[Learning standards key](#)

Asking Permission and Sharing

Students will learn to ask permission appropriately and show respect for other's belongings and space.

Lesson Background for Teachers

This lesson builds on previous lessons in this unit.

Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

PERMISSION Saying it's OK or letting someone do, use or have something.

RESPECT Treating people, places, and things with kindness.

TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Practicing asking permission multiple times in different ways and in their own words.
- Being paired with a student with whom they can have a successful interaction.
- Doing this activity over a few days; assign a day to present and write on the class calendar.

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



Share (3 mins)

Share as a class ways you **respect** boundaries that might be different at home than at school.

Inspire

Asking Permission (5 mins)

NOTE: The day before doing this activity, send home a note telling students that on the next day they should bring a small, special item to school that is not fragile or valuable. It can be anything small: a stuffed animal or a favorite toy, a picture of a pet, something they made, etc. You should bring a personal item too. If students don't have the item, let them choose something that they love from the classroom or their lunch box.

*Creating a kind classroom means treating others well. Today we are going to talk about what it means to **respect** what belongs to other people. Can anyone tell me why we ask **permission**? What are some ways to ask **permission**?*

Allow students to respond.

Empower (10 mins)

Asking Permission and Sharing (5 mins)

Ask students to get the item they brought from home. If a student did not bring something from home, allow them to choose something from their backpack, cubby or the room that is special to them.

Divide students into pairs and have the student explain to their partner why the item is special to them. First, have the student ask their partner: "May I please see your _____?" Have the partners exchange items. Then, have students come to the front of the class one at a time with their partners' item and explain to their classmates why the item is important to their partner. After they finish, have the student return the item to their partner.

When everyone has shared, say: *You all did a great job talking about the item and then returning it to the person. We call that asking **permission**. You also ask **permission** if you need to use something that the other person is using or is theirs.*

*Do you think asking **permission** shows **respect** to that person?*

*One important part of **respecting** others belongings is always returning them and always in the same condition you got them.*

Have the students pair up again and practice asking **permission** to borrow their partner's item and then returning the item.

Wrap Up (5 mins)

To gauge understanding of the material, choose from either the evaluation or reflection questions as discussion, writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

Evaluation Question

- What do we do if we want to use or see something that doesn't belong to us?

Reflection Questions

- Why is asking **permission** a way to show kindness and **respect** to other people?

Summary

*Today we talked about how to borrow other people's belongings by asking **permission**. Asking **permission** is also used if we want to do something with someone, play a game, give a hug or sit with someone! Remember being **respectful** is a kind thing to do and asking **permission** is a good way to show **respect**.*



Act (2 mins)

Kindness Minute

It's kind to share your things. Let someone in the class borrow something of yours for the rest of the day.

Kindness in Action

Remember to ask before you take something that belongs to someone else.

