



LESSON

3

Honesty and Integrity Unit Grade 5 • Ages 10-12

TIME FRAME

Preparation: 10 minutes
Instruction: 30 minutes

MATERIALS

The Foundation for a Better Life
"Classroom" video (1 min)
<http://www.values.com/inspirational-stories-tv-spots/91-classroom>

PBS, It's My Life Clip "Cheating" (2:56 min)
<https://www.youtube.com/watch?v=VKnh0IC7-1M>

RAK Journals

[Kindness Concept Posters](#) for Integrity, Responsibility, Self-Discipline

LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.SL.5.1, 2; CCSS.ELA-Literacy.W.5.3
Colorado: Comprehensive Health S.3, GLE.1, EO.c; Reading, Writing and Communicating S.1, GLE.2, EO.a,b,c; S.3, GLE.1, EO.a

[Learning standards key](#)

Why Cheat?

Students will explore different cheating scenarios and explore how to react with integrity.

Lesson Background for Teachers

This lesson builds on previous lessons in this unit.

Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

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|------------------------|--|
| RESPONSIBILITY | Being reliable to do the things that are expected or required in your life, home, community and environment. |
| INTEGRITY | Acting in a way you know to be right and kind in all situations. |
| SELF-DISCIPLINE | Controlling what you do or say so you don't hurt yourself or others. |
| RESPECT | Treating people, places, and things with kindness. |

TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Using a note catcher to write responses while watching the clips or having a printed copy of questions.
- Pausing the videos at key points so students can better access the emotions and decisions in the video and record them in their note catchers.

Resources

Honesty and Integrity commercials "Foundation for a Better Life":
<http://www.values.com/inspirational-stories-tv-spots/91-classroom>
<http://www.values.com/inspirational-stories-tv-spots/112-purse>

It's My Life Clip "Cheating" (2:56 min)
<https://www.youtube.com/watch?v=VKnh0IC7-1M>

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



Share (5 mins)

As a class, talk about the difference between **honesty** and **integrity**.

Inspire

Cheating Video Clips (5 mins)

Note: You can watch one or both of the clips as part of this discussion on cheating. After each video, go to the Empower section and engage in the discussion that pertains to the video.

Video Clip #1: The Foundation for a Better Life "Classroom" video (1 min): <http://www.values.com/inspirational-stories-tv-spots/91-classroom>

If you can't play the clip, summarize by saying something like: "Here is the scene: a classroom of kids are taking a math test. The teacher is walking up and down the rows of desks as the kids are working hard. As she walks toward the back of the room, a student at the front turns to the kid next to him and motions that he doesn't know the answer to #4. He puts his hands together, begging his friend for the answer.

Pause the clip. Ask the class what they think happens next in the video.

Then ask the class what they think the friend should do? Write down all the students' ideas on the board. Ask the class if it is ok or not ok for the friend to give the answer. Why ok? Why not ok?

Play/present the rest of the clip. His friend takes out a piece of paper and begins to write on it. He folds it in half and passes it to the boy who wants the answer, but just as he does, WAP! A ruler comes down on the paper and the teacher is standing there with a disapproving face. As she opens the note, inside she reads what is written,

Pause the clip. Ask the students to write down what they think is written on the piece of paper. Have students share what they wrote.

Continue the clip or tell the class what was written in the note: "Let's not cheat!" The teacher is proud and no one gets in trouble.

Video Clip #2: PBS, It's My Life Clip "Cheating" (2:56 min) <https://www.youtube.com/watch?v=VKnh0IC7-1M>

If you can't play the clip, summarize by saying the following: "The Public Broadcasting Company in the United States created a video where they interviewed different kids your age about cheating. Here are some of the questions and answers the students gave:

- What is cheating? If you're taking a test, it's writing things on your hand, opening your book and pretending you didn't, reading things from a sheet of paper or talking to a friend. It can also be when you copy a friend's homework, use something that is already written by someone else.
- Why is it wrong? It's not your own answers, it's not your work. If you cheat you won't learn and if you get caught you get in trouble.
- Why do people cheat? Sometimes you cheat even if you know the answers because it makes you feel more certain you'll get the answers right. It's easier than studying.
- What would you do if you saw cheating? Tell the teacher or keep it to yourself. You can also tell the person not to cheat.
- Would you let a friend cheat? You can tell them no, to go study themselves. You could remind them that if you got caught, you would get in trouble too, so you can't help them cheat.



Empower

Discussion (20 mins)

Video #1 Discussion

- What did you expect would happen in the clip (or the story I described)? Were you surprised when it ended differently?
- What do you think the boy's friend will say to him after class for not giving him the answers?
- What would you do in that situation?
- Was that situation handled with honesty? Explain.
- Was that situation handled with integrity? Explain.
- Was that situation handled with respect? Explain.

Video #2 Discussion

- Which comments were most meaningful? Were there situations that you agreed or disagreed with?
- Would you tell if someone was cheating? Why or why not?
- Would you let a friend cheat?
- Do you think that cheating can have consequences? Why or why not?

Wrap Up (5 mins)

To gauge understanding of the material, choose from either the evaluation or reflection questions as discussion, writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

Evaluation Questions

- How does cheating threaten your **integrity**?
- What is your **responsibility** when you see someone cheat? Do you have any?
- How is cheating related to **self-discipline**?

Reflection Questions

- Write about a time when you or someone you know was pressured to cheat and how you responded in the situation.
- If you saw someone cheating, what are different ways you can respond with self-discipline, respect, and integrity?
- How is cheating **disrespectful**?

Summary

Today we looked at some cheating scenarios. It's not easy to know what to do when you see someone cheat. It takes a lot of integrity and self-discipline not to cheat yourself sometimes or to know what to do when you witness someone else cheating, especially if that person is a good friend. The kind thing to do is to be true to yourself and to your friends, and encourage them to be their best selves.





Act (2 mins)

Kindness Minute

Give someone in your school a heart attack. Pick a staff member and write words of encouragement on little hearts. Tape the hearts to the door or desk of the staff member.

Kindness in Action

Help someone else be their best self this week. Ask someone about something they are trying to get better at and write it below. Just sharing your goals is a great way to stay on track!

