



LESSON

2

## What Influences Us Unit Grade 5 • Ages 10-12

### TIME FRAME

Preparation: 5 minutes  
Instruction: 30 minutes

### MATERIALS

Media and Emotions activity sheet, one for each student or projected onto the board

RAK Journals

Various Video Clips:  
How to Eat Fried Worms  
Tooth Fairy  
Reach  
Narnia  
Watsons Go to Birmingham  
Charlotte's Web

[Kindness Concept Posters](#): Respect and Integrity

### LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.SL.5.1, 1b, 2; CCSS.ELA-Literacy.L.5.1  
Colorado: Comprehensive Health S.3, GLE.1, EO.a,b; Reading, Writing and Communicating S.1, GLE.2, EO.a,b,c

[Learning standards key](#)

# Media Influence

Students will observe how characters are portrayed in the media and whether or not they model respect and integrity.

## Lesson Background for Teachers

This lesson builds on the previous lesson in this unit.

## Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

**RESPECT** Treating people, places, and things with kindness.

**INTEGRITY** Acting in a way you know to be right and kind in all situations.

## TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Having you pause so they can record their answers.
- Doing this activity more independently on a classroom computer with the movie and clip sites bookmarked and headphones. A few kids could do this activity at a time and discuss answers to the questions together in small groups.
- Referencing the Feelings Images sheet from the Feelings and Behavior, Kindergarten lesson during this activity.

## Resources

Article: Impact of Media Use on Children and Youth <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2792691/pdf/pch08301.pdf>

How to Eat Fried Worms: [http://downloads.randomactsofkindness.org/How\\_to\\_Eat\\_Fried\\_Worms\\_Trailer.mp4](http://downloads.randomactsofkindness.org/How_to_Eat_Fried_Worms_Trailer.mp4)

Tooth Fairy: [http://downloads.randomactsofkindness.org/Tooth\\_Fairy\\_Trailer.mp4](http://downloads.randomactsofkindness.org/Tooth_Fairy_Trailer.mp4)

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



## Share (3 mins)

Tell the person next to you about your favorite ad on the TV or on the radio.

## Inspire

### Video Clips (10 mins)

Note: If you can't play the clips, this activity will be done in a different way.

*Now we are going to watch some TV and movie clips and some TV ads, and I want you to write down what emotion or emotions are being shown, whether the emotion is believable, and whether the character shows kindness.*

Show the first two clips one at a time:

How to Eat Fried Worms: [http://downloads.randomactsofkindness.org/How\\_to\\_Eat\\_Fried\\_Worms\\_Trailer.mp4](http://downloads.randomactsofkindness.org/How_to_Eat_Fried_Worms_Trailer.mp4)

Tooth Fairy: [http://downloads.randomactsofkindness.org/Tooth\\_Fairy\\_Trailer.mp4](http://downloads.randomactsofkindness.org/Tooth_Fairy_Trailer.mp4)

*Why do you think the actors or characters in these clips express emotions in a more dramatic way than we might in real life? (Possible answers: To be funny, to get a point across, to teach something, to act crazy.)*

*Watching people act in crazy ways can make TV shows or movies fun to watch, but it can also make us think that it's the right way to act. Now let's watch the rest of the clips and I want you to answer the same questions again.*

Show the rest of the clips:

The Foundation for a Better Life: Reach - <http://www.values.com/inspirational-stories-tv-spots/78-reach>

Narnia: [http://downloads.randomactsofkindness.org/CHRONICLES\\_OF\\_NARNIA\\_EDMUND\\_IS\\_FORGIVEN.mp4](http://downloads.randomactsofkindness.org/CHRONICLES_OF_NARNIA_EDMUND_IS_FORGIVEN.mp4)

Watsons Go To Birmingham: [http://downloads.randomactsofkindness.org/The\\_Watsons\\_Go\\_To\\_Birmingham\\_52mb.mp4](http://downloads.randomactsofkindness.org/The_Watsons_Go_To_Birmingham_52mb.mp4)

Charlotte's Web: [http://downloads.randomactsofkindness.org/Charlottes\\_Web\\_Friendship.mp4](http://downloads.randomactsofkindness.org/Charlottes_Web_Friendship.mp4)

## Empower

### Media and Emotions (10 mins)

Video Option:

Hand out the Media and Emotions activity sheet or project onto the board and ask students to take out their RAK journals.

Divide students into groups of five or six and assign a movie, TV, or ad to each group; make sure they write the name of their show, movie or ad on their sheet. Alternatively, you can project the activity sheet on the board and have them write their answers in their RAK journals where they would have more space.

*Now we are going to spend some time thinking more about how the characters in the different clips acted. Each group has been given the title of a movie, TV show or the ad, and I want you to discuss and then answer the questions written on the bottom section*

of your handout as a group. Be sure you are showing respect and integrity when you are discussing with your group.

- How did the scene make you feel? Did you laugh? Were you surprised by what happened?
- Did all the characters show respect and integrity? If not, how could the characters have shown kindness or handled the situation differently?
- How do you think watching this scene impacts the way we treat each other?

Allow time for students to discuss questions as a group. Then have them present their answers to the rest of the class.

Option without video:

If you can't play the clips, this activity will be done in a different way. Hand each student a activity sheet or project the activity sheet onto the board and use RAK journals. Have the students write the title of a TV show, a movie, or a video game they have watched or played recently in the last row of the table on the activity sheet; have the students individually answer the questions in the table and the questions in part 2 about that movie, TV show or video game. Then have them share their responses with a partner that they choose or that you assign.

### Optional Civics or Social Responsibility Activity

As an optional civics extension activity, have students explore how the media has been used in a positive way to promote ideas of being a responsible citizen. You could show some of Schoolhouse Rock clips (you can Google them) and discuss how the media can have a positive influence.

### Wrap Up (5 mins)

To gauge understanding of the material, choose from either the evaluation or reflection questions as discussion, writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

### Evaluation Questions

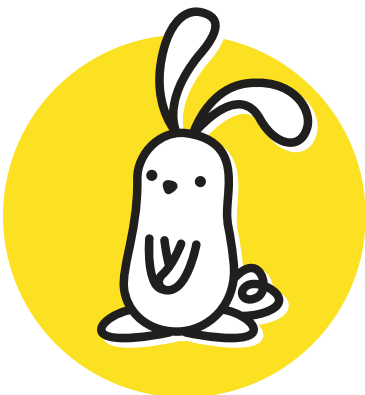
- Does the media show emotions of characters in a realistic way?
- Did all of the members of your group have the same opinion or see the same emotions expressed by the characters?
- Which characters showed respect and integrity?

### Reflection Questions

- Do you think movies, TV shows, computer games, or music can impact how you feel or how you treat others?
- Do you think this is a responsible way for the media to portray characters?
- Can we or should we use the characters in the media as role models to inspire respect and integrity?

### Summary

Today we watched some clips from the media. Some were a bit exaggerated, but these characters sometimes influence the way we act or what we see as an appropriate way of acting. It's important to notice if characters are acting with respect and integrity so we can recognize these in ourselves and in others. Kindness to self and others is deeply rooted in treating everyone with respect and integrity.





## Act (3 mins)

### Kindness Minute

Whether or not we know it, we are always influencing others with our actions. We notice what other people do and sometimes that's how we learn what is right and wrong. Take a moment to tell your teacher something you saw him or her do that was kind. It could be as simple as coming to work everyday, or smiling when you know they are having a bad day. [The teacher should thank each child for the compliment in order to show kindness in return].

### Kindness in Action

Home Extension Activity.

# Media and Emotions

**Directions:** As you watch the video clips, fill in the chart below.

	What emotions do the characters show?	Is it believable? (Yes or No)	Do the characters show kindness? (Yes or No)
How to Eat Fried Worms?			
Tooth Fairy			
"Reach" Ad			
Chronicles of Narnia			
Watsons Go To Birmingham			
Charlotte's Web			
Other movie, TV show, game			

**Part II.** As a group, answer the questions below about the TV show, movie or ad you have been assigned:

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How did the scene make you feel? Did you laugh? Were you surprised by what happened?

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Were any of the characters rude or unkind? If so, how could the characters have shown kindness or handled the situation differently?

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How do you think watching this scene impacts the way we treat each other?

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