

Stress Busters Unit Standards Key

Grade 4 • Ages 9-11

COMMON CORE STANDARDS

(www.corestandards.org)

1. Writing

- CCSS.ELA-Literacy.W.4.1: Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

- CCSS.ELA-Literacy.W.4.3: Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.

2. Speaking & Listening

- CCSS.ELA-Literacy.SL.4.1: Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

- CCSS.ELA-Literacy.SL.4.2: Paraphrase portions of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.

- CCSS.ELA-Literacy.SL.4.4: Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

3. Mathematics

- CCSS.Math.Content.4.MD.B.4: Make a line plot to display a data set of measurements in fractions of a unit ($\frac{1}{2}$, $\frac{1}{4}$, $\frac{1}{8}$). Solve problems involving addition and subtraction of fractions by using information presented in line plots.

COLORADO P-12 ACADEMIC STANDARDS <http://www.cde.state.co.us/StandardsAndInstruction/ColoradoStandards-AcademicStandards.asp>

1. Comprehensive Health

- Standard 3: Emotional and Social Wellness in Health Grade Level Expectation (GLE): 1. Comprehend concepts related to stress and stress management Evidence Outcomes (EO): Students can:

- a. Identify personal stressors at home, with friends, in school and the community, and in the environment

- b. List physical and emotional reactions to stressful situations

- c. Identify positive and negative ways of dealing with stress

2. Reading, Writing and Communicating

- Standard 1: Oral Expression and Listening Grade Level Expectation (GLE): 1. A clear communication plan is necessary to effectively deliver and receive information

Evidence Outcomes (EO): Students can:

- a. Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly

- b. Paraphrase portions of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally

- d. Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace

- Standard 3: Writing and Composition

Grade Level Expectation (GLE): 1. The recursive writing process is used to create a variety of literary genres for an intended audience

Evidence Outcomes (EO): Students can:

- a. Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

- b. Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences

- c. Write poems that express ideas or feelings using imagery, figurative language, and sensory details

3. Mathematics

- Standard 3: Data Analysis, Statistics, and Probability

Grade Level Expectation (GLE): 1. Visual displays are used to represent data Evidence Outcome (EO): Students can:

- a. Make a line plot to display a data set of measurements in fractions of a unit ($\frac{1}{2}$, $\frac{1}{4}$, $\frac{1}{8}$)

Inquiry Questions (IQ):

- 1. What can you learn by collecting data?

- 2. What can the shape of data in a display tell you?

OTHER STANDARDS MET

- 1. 21st Century Skills (www.p21.org)

- Learning and Innovation Skills

- a. Critical Thinking: Reason effectively, make judgments and decisions, solve problems

- b. Communicate clearly and collaborate with others

- c. Creativity and Innovation: Think creatively and work creatively with others

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- Life and Career Skills

a. Initiative and Self Direction: Manage goals and time, work independently, be self-directed learners

b. Social and Cross-Cultural Skills: Interact effectively with others

c. Productivity and Accountability: Manage projects and produce results

d. Responsibility: Be responsible to others

2. Social and Emotional Standards (www.casel.org)

- Self-awareness

- Self-management

- Responsible Decision Making