



LESSON

2

What Would You Do Unit Grade 4 • Ages 9-11

TIME FRAME

Preparation: 5 minutes
Instruction: 30-45 minutes

MATERIALS

The Foundation for a Better Life
Generosity clip: <http://www.values.com/inspirational-stories-tv-spots/92-generosity> (30 sec.)

Clip about Joshua's Heart Foundation:
<https://www.youtube.com/watch?v=rFYLSXcry7c> (2 minutes)

RAK Journals

[Kindness Concept Posters](#) for Caring, Gratitude, Responsibility

LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.
SL.4.1, 2

Colorado: Comprehensive Health
S.3, GLE.1, EO.e; Reading, Writing and
Communicating S.1, GLE.1, EO.a, b

[Learning standards key](#)

Spreading Generosity

Students will watch and discuss two video clips while reflecting on how they can show care for their community.

Lesson Background for Teachers

This lesson builds on previous lessons in this unit.

Another variation (particularly if you want to make sure that each student has something written about them) would be to give each student in the room a strip of construction paper with another classmate's name written on it. The student would write what friendship qualities this person possesses, and then link each strip together with other students' links to make a larger friendship chain.

Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

GENEROSITY Giving time, money, food or kindness to others without expecting anything in return.

CARING Feeling and showing concern for others.

GRATITUDE Being thankful for and appreciating what you have and those around you.

RESPONSIBILITY Being reliable to do the things that are expected or required in your life, home, community and environment.

TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Watching the video clips more than one time.
- Seeing the questions as they watch the clip or listen to you describe the foundation; consider writing the questions on the board or giving the students the printed questions.
- Discussing their responses to the questions with a partner before responding to the whole group.

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



Resources

Video used with permission from Joshua's Heart Foundation. To find out more about this foundation, visit their website: <http://joshuasheart.org/>

Alternate longer Joshua's Heart video:

https://www.youtube.com/watch?v=hZHtn4_Xtgc

Share (3 mins)

*Read your responses from the Home Extension Activity from Kindness Scenarios lesson one to a partner. If students did not complete the Kindness in Action activity, they can share ways that they can **care** for friends or family at home. Take turns so both students get a chance to share.*

Inspire

Video Clips and Discussion (10 mins)

Option One

*We have talked about some ways that we can show support, **caring** and **gratitude** to our families and friends. Now we are going to discuss ways that we can **care** for others in our community. Let's start by watching a very short video clip.*

Show the **Generosity** clip from The Foundation for a Better Life. After showing the clip, ask the following questions (you may want students to first discuss with a partner and then as a class):

- Why was Josh collecting cans?
- Where did Josh bring the canned goods?
- Do you think what Josh did can help others? Why or why not? In what ways?

Then show the clip from the Joshua's Heart Foundation. After showing the clip, ask the following questions:

- Why do you think Joshua Williams wants to help others?
- From information on this organization's website, we know that Claudia, Joshua's mom, supports what he is doing. How do you think our families or the people we live with can help us learn how to **care** for others and our community?
- People in the clip seem grateful for the food they received. The video says Joshua and the volunteers have given out 400,000 pounds of food, but it is now closer to a million pounds! Do you think being grateful and thankful for what others do for us is important? Why or why not?

Option Two (if you can't play the clips)

Note that since it is difficult to explain the **Generosity** clip, the script below focuses on the Joshua's Heart Foundation only.

One way we can make a difference is by helping people who don't have enough food. Perhaps you have collected canned food at school or brought it to the local food bank. One boy, Joshua Williams, even started his own organization in Miami, Florida to help stomp out world hunger. When Joshua was four and a half years old, he saw a homeless man on the street and realized he wanted to figure out a way to help him. With his mom's help, Joshua created the Joshua's Heart Foundation in 2006; since then, he has worked with more than 3,000 volunteers (1,200 kids and 2,000 adults) who have distributed close to a million pounds of food to people in his community! Countless people have been helped and are very thankful that Joshua cared enough to provide them with the food they need.



Empower

Group Discussion (10 mins)

Ask the following questions (you may want students to first share with a partner and then with the group):

- Do you think it is our **responsibility** to **care** for and support others in the community? In what way?
- How do you think our families or the people we live with can help us learn how to **care** for others and our community?
- Do you think what Joshua did was **extraordinary**?
- How do you think you could make a difference in your community?

Wrap Up (5-15 mins)

To gauge understanding of the material, choose from either the evaluation or reflection questions as discussion, writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

Evaluation Questions

- What is **generosity**?
- What did Josh do to show **generosity** and **care** to people in his community?
- How does the Joshua Heart Foundation show kindness?

Reflection Questions

- Do Josh and/or Joshua inspire you to want to make a difference for your community? Why or why not?
- In what ways could you show **generosity** and kindness in your classroom or community?
- Are there any situations you can think of where **generosity** might not be a good thing?

Summary

*There are small things each of us can do to show **generosity** and kindness to others in our community and around the world. These small acts can be a ripple in the water that spreads out to other community members. Joshua started with an idea that he wanted to help a homeless man, and now he has helped provide food to hundreds of people.*



Act (2 mins)

Kindness Minute

This week, give something you no longer wear or use to a thrift store, homeless shelter or friend. It could be a toy that is still in good shape, but that you no longer use. A sweater that no longer fits you. Or perhaps some canned food that you want to donate.

Kindness in Action

Directions: Write a letter to Joshua to thank him for the work that he is doing. In the letter, ask him a few questions that you are curious about and tell him about ways you are showing **generosity** in your community.

