

# LESSON 4

## Complimenting Others Unit Grade 3 • Ages 8-9

### TIME FRAME

Preparation: 5 minutes  
Instruction: 30 minutes

### MATERIALS

Pencils, markers or colored pencils,  
scissors & card stock

Old magazines for students to cut up  
for card making activity

[Kindness Concept Poster](#) for Respect  
& Self-Care

For Optional Activity: Book for read  
aloud about valuing others. See <http://www.edutopia.org/pdfs/stw/edutopia-stw-louisville-sel-CARE-read-aloud-list-grade-k-5.pdf> for possible titles.

### LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.  
SL.3.6; CCSS.ELA-Literacy.L.3.3.2;  
CCSS.ELA-Literacy.W.3.3 Colorado:  
Comprehensive Health S.3, GLE.1,  
EO.b,g; Reading, Writing and  
Communicating S.1, GLE.1, EO.c,f,g;  
S.3, GLE.1, EO.b,c

### Optional Writing Activity:

Common Core: CCSS.ELA-Literacy.  
SL.3.6; CCSS.ELA-Literacy.L.3.1, 3.2;  
CCSS.ELA-Literacy.W.3.2, 2a-d, 3  
Colorado: Comprehensive Health S.3,  
GLE.1, EO.b,g; Reading, Writing and  
Communicating S.1, GLE.1, EO.c,f,g;  
S.3, GLE.1, EO.b,c; S.3, GLE.2, EO.a.i-v

[Learning standards key](#)

## Creative Compliment Cards

Students will design a compliment card for a friend,  
family member or someone else they care about.

### Lesson Background for Teachers

Both giving and receiving a compliment can help boost the production of serotonin  
in the brain, resulting in feelings of happiness.

### Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and  
increase understanding.

**RESPECT** Treating people, places, and things with kindness.

**SELF-CARE** Caring for yourself mentally, physically, emotionally and  
socially through your words, actions and thoughts.

**GENUINE** Actual, real or true.

**COMPLIMENT** Telling someone something nice that  
expresses praise or admiration.

### TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Having a word bank of compliments available for students. Encourage them to use the Bingo Game as a tool for writing compliments or responses from the "Who Am I?" Activity.
- Working with a partner to come up with ideas for their card.

### Resources

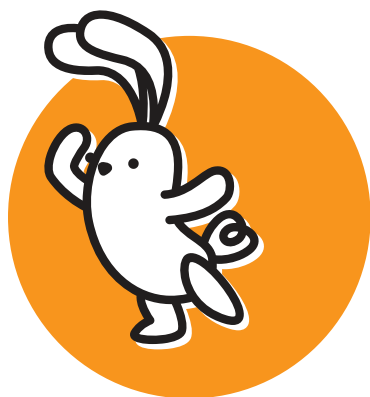
List of Books about Kindness: <http://www.edutopia.org/pdfs/stw/edutopia-stw-louisville-sel-CARE-read-aloud-list-grade-k-5.pdf>

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



## Share (3 mins)

Take a look at the Classroom **Compliments** Chart. Ask a few students to share with the class a **compliment** that they gave this week and how it made them feel to give the **compliment**.

## Inspire

### Compliment Cards (10 mins)

Hand out card stock, markers, colored pencils and old magazines.

Now that we have figured out our own talents and learned how to **compliment** someone else on their abilities, we are going to make a **compliment** card for a friend, someone in your family, or anyone you would like.

First, fold the card stock in half. Then, write what you think that person is good at, and decorate the card with magazine pictures or drawings about that talent. For example, if your dad likes to play the piano, or your sister is a good runner, you might want to draw a picture of that person doing the activity, or find a picture in a magazine about that activity.

Encourage students to be creative. Students can make more than one card if they are done early.

## Empower

### Sharing (10 mins)

Ask students to share their cards with their classmates. Invite students to describe to the class why they choose the images/drawings that they did and explain the **compliment** they are portraying.

### Optional Writing Activity Ideas (20 mins)

Students could write a descriptive or acrostic poem in their **compliment** card if you want them to develop that aspect of their writing.

There are many ways that you can focus on valuing others' talents and strengths through reading and writing activities. Do a class read aloud together with a book that focuses on valuing others (see website for ideas <http://www.edutopia.org/pdfs/stw/edutopia-stw-louisville-sel-CARE-read-aloud-list-grade-k-5.pdf>).

Have students write a report about the class book. Have the students answer questions like: How did the characters in the book respond to others' talents and strengths? Why should we value others' strengths?

Students could also write a narrative or creative story that emphasizes the theme of valuing strengths and talents and showing **respect** to others.

Students might benefit from:

- Discussing their ideas for the poem with a partner.
- Using a graphic organizer to help them make connections on the content and also answer questions while listening to the book.
- Using a graphic organizer as a pre-writing strategy for constructing a narrative or creative story

### Wrap Up (5 mins)

To gauge understanding of the material, choose from the evaluation and reflection questions as discussion, or writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

#### Evaluation Questions

- Give examples of **compliments** we can say to another person?
- What is important when thinking of a **compliment**?
- What does a “**genuine compliment**” mean?

#### Reflection Questions

- Why do you think it is important to share **compliments** with our friends, family and other people in our community?
- When you receive a **compliment**, what kind of mood does that put you in? Do you think that can rub off on other people?
- Other than saying **compliments** out loud or making a card, what are other ways to give **compliments**?

#### Summary

*Today we created some beautiful cards for people we care about to show them we value their talents and abilities. It's important to tell people how much we appreciate their unique skills, but also to show them by doing kind acts like this.*



### Act (2 mins)

#### Kindness Minute

Plan the delivery of the card you made. Share with a friend how you will present your card.

#### Kindness in Action

Make a “**compliment** card” for yourself! Use images or drawings showing various things you are good at, talents/skills that you have, or things that represent what you are most proud of about yourself.

