



LESSON

2

## Complimenting Others Unit

Grade 3 • Ages 8-9

### TIME FRAME

Preparation: 5 minutes

Instruction: 30 minutes

### MATERIALS

Who Are You? Bingo, one for each student

(Optional) Prizes for Bingo

[Kindness Concept Poster](#) for Respect & Self-Care

### LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.SL.3.1, 1b-d, 3, 6 Colorado: Comprehensive Health S.3, GLE.1, EO.b,g; Reading, Writing and Communicating S.1, GLE.1, EO.c,f,g; S.1, GLE.2, EO.a,c

[Learning standards key](#)

## Who Are You?

Students will recognize talents and strengths that other classmates have.

### Lesson Background for Teachers

This lesson builds on the previous lesson in this unit.

### Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

**RESPECT** Treating people, places, and things with kindness.

**SELF-CARE** Taking care of yourself through kind words, actions and thoughts.

### TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Working with a partner who writes down responses on the Bingo Sheet for them.
- Having two copies of the Bingo Sheet, one that is blank to play the game and one marked with everything they are good at to help them answer other people's questions.
- Playing the game in a more controlled environment, particularly if they have a hard time regulating their bodies. One option would be to assign kids who have a difficult time with self control to stand by their desks and other students to move around the room and come to them. Then, switch the groups half way through the game.

### Resources

- First, Discover their Strengths <http://www.ascd.org/publications/educational-leadership/oct12/vol70/num02/First,-Discover-Their-Strengths.aspx>
- Funds of Knowledge <http://www.learnnc.org/lp/pages/939>
- 10 Ways to Determine the Strengths of our Students <http://chriswejr.com/2015/04/19/10-ways-to-determine-the-strengths-of-our-students/>
- What is Mindset? <http://mindsetonline.com/whatisit/about/>

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



## Share (3 mins)

*Share your responses from the Home Extension Activity with a partner. What are some of the talents and strengths of the people you live with?*

## Inspire

### Discussion (5 mins)

*Our class is full of people building their talents. Raise your hand if you know someone in our class who:*

- *Is building on their soccer talent?*
- *Is building on their artistic strengths or talents?*
- *Is building on their strength to make us laugh?*
- *Is building on their strength as a helper?*
- *Is building on their strength of speaking different languages?*

Note: It is important to ensure that this activity is inclusive of children from diverse cultural backgrounds and children with exceptional needs, and that the students recognize that all children have strengths and talents that will continue to develop as they grow.

Have a discussion with the students using some of the following questions to guide the conversation:

- *Is there someone you admire for something they do really well?*
- *What do you need to do in order to be really good at something?*
- *What things do you want to be really good at?*
- *Do you think these things come naturally to people or do they practice to get better?*

Note: It is important to ensure that children know that talent comes from practicing something they really, really enjoy. Being passionate about something and practicing it all the time leads to talent that they will continue to develop as they grow (growth mindset). If they use language like, 'I'm not a very good singer.', you can suggest they finish the sentence with the word "yet" as in "I'm not a very good singer... yet."

## Empower

### BINGO Game (15 mins)

*Now that you have figured out some things you are good at, we are going to play a game to learn about others' talents or abilities. Turn to the Who are You? Bingo sheet. Notice that there are several different types of talents or abilities on the sheet. You will need to find someone in the class who is growing that talent or ability and write their name in the box. Each box should have a different name. Whoever gets five in a row first wins a bingo! Whoever completes the sheet first also wins a bingo!*

Allow time for students to play the game, and award prizes if desired.

### Wrap Up (5 mins)

To gauge understanding of the material, choose from the evaluation and reflection questions as discussion, or writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

### Evaluation Questions

- What did you learn about someone else today?
- What was the hardest box to fill in?
- Do many people in our class have the same talents?

### Reflection Questions

- What qualities do you think are most important to be good at? What qualities do you admire that other people have?
- Why is it respectful to recognize other people's strengths, talents and abilities?
- Are there times when it's more difficult to see what someone else is good at?

### Summary

*We have an amazing group of students in this class who all have special talents and abilities. Learning these skills can take time and require practice to get better. It's important to see the good qualities that each person brings to respect and appreciate them as a person.*



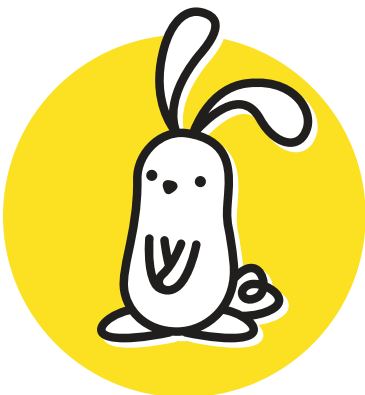
### Act (2 mins)

#### Kindness Minute

*Ask students to write one letter from BINGO on each of their fingertips to remember the importance of finding the positive qualities and talents that each person brings. Encourage them to find positive qualities/talents in community members in their town/city!*

#### Kindness in Action

Share with an adult at home your BINGO sheet and share with them all of the talented people you have in your classroom. Ask them to share a talent they have.



# Who Are You? BINGO Game

**Directions:** Try to find someone who has the talent or ability written below. The first person to get five in a row wins a BINGO!  
The first person to finish the card also gets a BINGO.

<b>Talented soccer player</b> <hr/> Name	<b>Likes to play piano</b> <hr/> Name	<b>Enjoys being with animals</b> <hr/> Name	<b>Loves to play basketball</b> <hr/> Name	<b>Is good at math</b> <hr/> Name
<b>Listens well to others</b> <hr/> Name	<b>Likes to play with younger kids</b> <hr/> Name	<b>Good at building things</b> <hr/> Name	<b>Good at whistling</b> <hr/> Name	<b>Good at baseball</b> <hr/> Name
<b>Enjoys science projects</b> <hr/> Name	<b>Good at a sport</b> <hr/> Name	<b>FREE Spot</b> (write your talent here) <hr/> Your Name	<b>Likes to read</b> <hr/> Name	<b>Good at helping others</b> <hr/> Name
<b>Loves to swim</b> <hr/> Name	<b>Likes to tell jokes</b> <hr/> Name	<b>Enjoys writing stories</b> <hr/> Name	<b>Enjoys computer games</b> <hr/> Name	<b>Enjoys telling stories</b> <hr/> Name
<b>Enjoys talking to older people</b> <hr/> Name	<b>Good at painting or drawing</b> <hr/> Name	<b>Plays an instrument</b> <hr/> Name	<b>Loves to plant flowers</b> <hr/> Name	<b>Great dancer</b> <hr/> Name

