



# LESSON 3

## Good Manners Unit Grade 1 • Ages 5-7

### TIME FRAME

Preparation: 15 minutes  
Instruction: 30 minutes

### MATERIALS

Before class, create signs that say Please, Thank You, You're Welcome, Excuse Me and post in four corners of the room

[Kindness Concept Posters:](#)  
Respect, Caring

### LEARNING STANDARDS

Common Core: CCSS.ELA-Literacy.  
SL.1.1, 1a-c, 3, 4, 6 Colorado:  
Comprehensive Health S.3,  
GLE.1, EO.d; Reading, Writing and  
Communicating S.1, GLE.1, EO.a,c,d;  
S.1, GLE.2, EO.a,c

[Learning standards key](#)

## Manners Mingle

Students will identify which manners are most useful in different situations.

### Lesson Background for Teachers

This lesson builds on [previous lessons in this unit](#).

This lesson focuses on four main manners to reinforce these concepts to the students without overwhelming them. If students seem to master these manners quickly, you could add other manners into the game for students to choose from.

### Key Terms for Students

Consider writing key terms on the board before class to introduce vocabulary and increase understanding.

**RESPECT** Treating people, places, and things with kindness.

**GOOD MANNERS** Behaving and speaking in an appropriate way. Using language like: please, thank you, excuse me or sorry.

**COOPERATE** To work together.

**POLITE** Showing good manners or respect for others.

### TIPS FOR DIVERSE LEARNERS

Students might benefit from:

- Seeing images of the phrases projected up front so they can connect the phrases with visuals.
- Having cards with images and phrases to refer to as needed. One option would be to have students quiz each other on the situations. Another option would be to have the phrases and images on different cards and students could play a matching game.

RAK lessons teach kindness skills through a step-by-step framework of **Inspire, Empower, Act** and **Share**.

However, each lesson starts with the **Share** step to reinforce learning from previous lessons.



The RAK paradigm is the framework for teaching and building kindness skills.



## Share (3 mins)

Have the students share the list of manners they used at the dinner table, made as a Kindness in Action from the previous lesson, with a classmate or as a group?

## Inspire (15 mins)

### Manners Game

*NOTE: This activity can be done in a gym or outside so that you have more space for all the students to run to the signs; there is no need to divide into groups in the gym or outside.*

Divide students into groups of four or five (if doing the activity in the classroom.)

Now we are going to play a **manners** game. I am going to say something and I want you to think about what **polite** word you would say. If you think it is 'please', go to the sign in that corner of the room. If it is 'thank you', go to that corner. If it is 'you're welcome', go to that corner. And if it is 'excuse me', go to that corner. The groups will take turns walking to the correct sign.

Say each phrase below and have the students in the group walk to the correct sign. You can also create your own phrases. Or, once the students understand the activity, have the students work in their group to create with their own phrase and have another group figure out the polite word and walk to that sign. You can also extend learning by adding more words to each corner for each phrase. For example: On the "Thank You" sign write other ways to say "Thank You" like: "Thanks", "That was kind of you", "You didn't have to do that"...

- You want to go to your friend's house. What **polite** word would you use to ask your mom?
- A friend gives you a birthday present. What would you say to her to be **polite**?
- A classmate thanks you for finding his lunchbox. What do you say to him to use **good manners**?
- By accident you knock over a younger child. What would you say to that person?
- Your sister returns your favorite book. What do you say to her?
- A friend thanks you for explaining a math problem. What do you say to him?
- A friend comforts you when you are sad. What do you say to her?
- Your brother thanks you for helping him pick up his toys. What would you say to him?
- You are reading a book when walking down the hall and run into a classmate by accident. What **polite** word do you say to him?
- You forgot your markers at home and want to borrow your friend's markers. What polite word do you use to ask if you can borrow them?

Play as many rounds as you like. Give each group two turns to answer questions and walk to the sign..



## Empower (10 mins)

### Discussion (5 mins)

Ask the students:

- Was there a situation in the game that you felt was hard to decide which **manner** you should use?
- Are there any situations where you could use more than one **manner**?

### Wrap Up (5 mins)

To gauge understanding of the material, choose from either the evaluation or reflection questions as discussion, writing or journal prompts. Consider providing additional time for deeper evaluation and reflection as needed.

### Evaluation Questions

- When might you use the phrase "You're welcome"?
- What is a situation where you would use the word "Please"?

### Reflection Questions

- Why is it important to use **good manners**?
- If we keep practicing ways to be polite and show good manners, what do you think our classroom will be like?

### Summary

*It's kind to use our **manners** and be **polite** when we speak to other people. Using the words, "thank you", "please", "excuse me" and "you're welcome", are some examples of ways we can be a caring person when talking to someone else.*



## Act (2 mins)

### Kindness Minute

*Pat yourself on the back and say, "thank you for being such a great listener in today's lesson."*

### Kindness in Action

Write 3 manners that you used today. You may want to think back to our Manners Song where we listed some ways to show good manners like: saying "thank you", "I'm sorry", or "excuse me".

