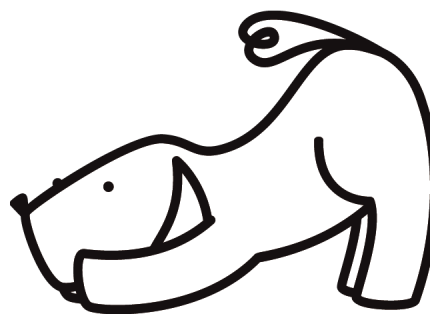


Respect



Sub-Concepts Covered: Self-care, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This is the first unit of the *Kindness in the Classroom* curriculum. It is designed to intentionally coincide with your beginning of school year routines such as establishing classroom rules and expectations, creating a positive sense of class culture, and designating your classroom as a safe space. Each week consists of one main 30 minute lesson and 4 optional 15 minute lessons that expand on the initial concept. The curriculum is designed for you to pick at least two of these mini lessons to help your class dig deeper throughout each week. The end project allows for complete synthesis of all concepts introduced in this respect unit. When planning, preview the respect project and make adjustments as needed to allow for your class to create the respect commercials. This initial concept sets the foundation for the entire year!

Unit Objective

Students will:

- Explain the importance of self-care as the core to respect for self.
- Expand their understanding of respect to through both interpersonal and technology based interactions.
- Synthesize their knowledge of respect as it applies to themselves, others, and the community through the development of a respect commercial.

Student Introduction

Respect. We have all heard this word tossed around in school each year, but what does it mean to you? How does it apply to how you treat yourself? Others? Our school? Why do we always start with respect before exploring other kindness concepts? These next 6 weeks will allow all of us to explore the root of this concept and how respect must start with respecting ourselves before we can even begin to truly respect others and our surroundings. Get ready to work -- you will be challenged to not only expand your understanding and application of respect, but also to work on showing greater respect to yourself! We will be focusing on the

following points:

- Self-Respect
- Respect via Media and Technology
- Cultural Respect

Unit Lessons

Main Lesson Title	Weekly Objectives	Main Lesson Materials	Mini Lessons
Lesson 1 Using I-Messages	<ul style="list-style-type: none"> Practice respectful communication 	<ul style="list-style-type: none"> No materials required, other than the communication phrases noted in lesson (or ones you write yourself) 	<p><u>Small Group</u>- Negotiation Skits</p> <p><u>Partners</u>- Speaking Skills</p> <p><u>Individual</u>- Personal Communication Inventory</p> <p><u>Technology Focus</u>- Communicating Through Text</p>
Lesson 2 Active Listening	<ul style="list-style-type: none"> Learn the components of active listening and connect them to respect and kindness 	<ul style="list-style-type: none"> Smartboard or other means of projecting the video 	<p><u>Small Group</u>- Observing Active Listening Skills</p> <p><u>Partners</u>- What Listening Means to Me</p> <p><u>Individual</u>- Active Listening Inventory & Goals</p> <p><u>Technology Focus</u>- Better Listening Through Technology</p>
Lesson 3 Assessing Media Messages for Respect	<ul style="list-style-type: none"> Evaluate media messages through the lens of respect Identify elements of bias in media messages 	<ul style="list-style-type: none"> Smartboard for projecting the images or printed handouts of the images 	<p><u>Small Group</u>- Fake News: What is it and Why it's a Problem</p> <p><u>Partners</u>- Kindness in the News</p> <p><u>Individual</u>- Journal Prompt: Where Do I Get My Information?</p> <p><u>Technology Focus</u>- Kindness in Social Media</p>
Lesson 4 Respect for Other Cultures	<ul style="list-style-type: none"> Large black poster paper to make the melting pots. Packs of small sticky notes in any color My Family Culture worksheet for a home extension, if applicable 	<ul style="list-style-type: none"> Large black poster paper to make the melting pots. Packs of small sticky notes in any color My Family Culture worksheet for a home extension, if applicable 	<p><u>Small Group</u>- Signs of Respect</p> <p><u>Partners</u>- Culture Card Flip</p> <p><u>Individual</u>- American Custom Assessment</p> <p><u>Technology Focus</u>- Discover a New International Day</p>

Unit Project

Project Title	Project Overview	Materials Required
Respect Commercial	The class will script out and either perform or record a commercial promoting respect in the school. The goal is to promote respectful behavior around speaking, listening, and communicating.	<ul style="list-style-type: none"><input type="checkbox"/> Note-taking devices or materials for storyboarding or outlining<input type="checkbox"/> Appropriate technology for recording the commercial (if recording)<input type="checkbox"/> If performing the commercial live, plan in advance who the students can perform for. Performing live will be a much different experience than the recorded commercial, so additional practice may be necessary.<input type="checkbox"/> If recording, plan in advance how to show the finished product to the school body and other staff/administration. You don't want the students hard work to go unviewed!