



Responsibility

Hello Parents and Guardians,

Welcome to Unit 5 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPONSIBILITY. Since this is a familiar concept for children this age, we will be diving deeper regarding the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
Responsibility	<ul style="list-style-type: none">• What are you responsible for at home, at school, and in our community?• How do you accept responsibility for what you say and what you do?• How do own your behavior and make amends when needed?	Work with your child to create a T chart with school responsibilities on one side and home responsibilities on the other. Discuss with them what would happen if parents did not follow through on their responsibilities.
Respond Kindly	<ul style="list-style-type: none">• Why is being kind such an important responsibility?• How can our kind responses change a difficult situation?	Discuss the importance of responding kindly to others, even during difficult situations. Examine some tough situations you or your child have experienced recently. Were you able to show kindness? If not, what happened? If so, how did the other person respond?
Self-Discipline	<ul style="list-style-type: none">• What is self-discipline?• How are self-discipline and responsibility connected?• How can you take ownership of your behavior and be truly responsible for your actions?	Talk with your child about what self-discipline looks like in their class. What are the ground rules for behavior at school? Have them explain the rules and describe different ways they use self-discipline to follow them.

Key activities we'll be doing:

- Overcome obstacles to self-discipline!
- Identify how our responsibilities help others!
- Complete an energy inventory for our school!
- Design a personal responsibility inventory!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

TRY THIS AT HOME!

Be on the lookout for the energy inventory your child completed at school. Complete it at home and identify 3 ways you could save energy. Every little bit helps the environment as well as your wallet!