

September 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Give someone a vacation.	4 Give affirmation.	5 Right a positive note to a classmate or coworker.	6 Make your office or classroom peaceful.	7 Stay on the trail when you hike.	8
9	10 Help your teacher by working harder in school.	11 Help someone find a job.	12 Stop negative conversations.	13 Thank a teacher or mentor.	14 Recycle.	15
16	17 Help other shoppers.	18 Be a genuine person.	19 Include others in making decisions.	20 Send a care package.	21 Share a healthy snack with your teammates.	22
23 _____ 30	24 Speak kindly.	25 Donate pet food and supplies to a local animal shelter.	26 Help change a tire.	27 Lend someone a pen.	28 Keep your workplace or school clean.	29